

Botox and Dysport

Pre-Treatment Instructions

- Please stop the following medications 7 days before your procedure. By stopping these medications you can reduce the risk of bruising from the procedure.
 - Advil
 - Aleve
 - Aspirin
 - Vitamin E
 - Motrin
 - Ibuprofen

Post-Treatment Instructions

- Perform your “post” injection exercises for 1 hour after injection
- Avoid lying down for at least 4 hours after treatment; this will help to prevent Botox from migrating to unwanted areas
- Avoid vigorous exercise for 24 hours after treatment
- Do not rub the treated area for 24 hours after treatment; this will help to prevent Botox from migrating

What to Expect

- Results may take 7-14 days to become apparent
- Skin may be slightly swollen, tightened and pinkish/red for the first 24 hours

After treatment, if you think you are having an allergic reaction or other reactions, such as difficulty swallowing, speaking, or breathing, call your doctor immediately