

Chemical Peel

Pre-Treatment Instructions

- You should consult with your physician if you have any skin sensitivity prior to getting a chemical peel
- Avoid sun exposure, tanning beds and tanning creams for 2-3 weeks before and after your treatment. Recent sun exposure may result in rescheduling of your treatment.
- Do not wax or pluck the area to be treated for 2-3 days before treatment

Post-Treatment Instructions

- Always wear a SPF of 30 or more
- Rinse face with cool water on the night of the treatment
- Moisturize skin with a heavy moisturizer
- Increase fluid (especially water) intake for 2-3 days after treatment
- Do not pick at loose skin, it could cause discoloration
- Do not use Retin-A, Retinols, or Glycolic Acid while skin is peeling
- Do not use any exfoliating product on the treated areas for the first 2 weeks after treatment
- Avoid heavy sun exposure for 2-3 weeks after treatment
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What to Expect

Skin will peel for 2-3 days after treatment and may last for approximately 1 – 1 ½ weeks