

Skintyte Treatment Instructions

Pre-Treatment Instructions

- Avoid sun exposure, tanning beds and tanning creams for 2-3 weeks before and after your treatment. Recent sun exposure may result in rescheduling of your treatment.
- Do not wax or pluck the area to be treated for 2-3 days before treatment
- You should consult with your physician if you have any skin sensitivity

Post-Treatment Instructions

- It is recommended to drink a lot of water (at least 8-10 cups a day) for three days following the treatment.
- It is recommended not to wash the face with hot water for 24 hours after treatment
- Avoid excessive exercise, sweating, hot baths or saunas for three days after the treatment
- Avoid consumption of alcoholic drinks for three days after treatment (alcohol might drain water from the body and skin)
- In order to maintain the treatment results, it is highly recommended to apply a moisturizing cream to the treatment area every day
- Always wear a SPF of 30 or more
- Avoid heavy sun exposure for 2-3 weeks after treatment
- Subsequent treatments are best performed 2 weeks apart in a series of 5 treatments

What to Expect

- Skin may be slightly swollen, tight and pinkish for the first 3 -4 days